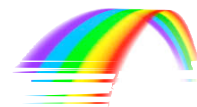


LGBTQ “Thrive” Guide 2017



A list of local and national resources to help support the success of LGBTQ adult learners

***thrive** (v.): to grow and develop successfully; to flourish and succeed: *“It is important for all people to **thrive**, not just survive.”*

Hotlines (special phone help) for adults who are in crisis, thinking about harming themselves or committing suicide:

- The National Suicide Prevention Lifeline: **1-800-273-8255**
<http://www.itgetsbetter.org/pages/get-help>
- Trans Lifeline: **1-877-565-8860** Crisis hotline staffed by transgender people for transgender people
- Trevor Project (Young adults to age 24) **1-866-488-7386**
<http://www.thetrevorproject.org/>

Other phone help for adults who are in need of immediate support *other than* suicidal thoughts:

- GLBT National Help Center: 1-888-843-4564
- Trans Lifeline (Support for transgender people) 1-877-565-8860
<https://www.translifeline.org/>

Local resources (general)

- LGBT Center of Raleigh : 324 South Harrington Street - Raleigh NC 27603 - 919-832-4484 <https://www.lgbtcenterofraleigh.com/>
- LGBTQ Center of Durham: 114 Hunt Street - Durham NC 27701
919-827-1436 <http://www.lgbtqcenterofdurham.org/>
info@lgbtqcenterofdurham.org
Open Mon-Fri 2p-8p and Sat/Sun 12noon-6p
- PFLAG Triangle (Parents and Friends of LGBTQ): <http://www.pflagtriangle.org/>

Local resources (healthcare and mental health)

- Wake County Human Services HIV and STD Community Program: HIV/STD Program
919-250-3950
std.program@wakegov.com *Wake County's HIV/STD Community Program offers a comprehensive continuum of care including prevention education, HIV/STD counseling and testing, and treatment and supportive services for people with HIV/AIDS.*
<http://www.wakegov.com/humanservices/publichealth/information/hiv/Pages/hivstdprogram.aspx>
- Wake County Human Services HIV Clinical Services: HIV/STD Non-Traditional Test Site location info line: 919-250-3950
<http://www.wakegov.com/humanservices/publichealth/information/hiv/pages/services.aspx>
- LGBT Center of Raleigh Mental Health Resources: 324 South Harrington Street - Raleigh NC 27603 - 919-832-4484
<https://www.lgbtcenterofraleigh.com/resources/mental-health-resources.html>

National resources (general)

- It Gets Better Project: *“The It Gets Better Project’s mission is to communicate to lesbian, gay, bisexual and transgender youth around the world that it gets better, and to create and inspire the changes needed to make it better for them.”*
<http://www.itgetsbetter.org/pages/about-it-gets-better-project/>
- Trevor Project: Crisis intervention and suicide prevention for LGBT youth
<http://www.thetrevorproject.org/>
- GLAAD: National media monitoring organization whose purpose is “To promote understanding, increase acceptance, and advance equality” of LGBT people in the U.S.
<http://www.glaad.org/?gclid=COSJ3LDBg9ECFY6CswodHnQHeg>
- National Center for Transgender Equality: <http://www.transequality.org/>

National resources (healthcare and mental health)

- Fenway Health: *“The mission of Fenway Health is to enhance the wellbeing of the lesbian, gay, bisexual and transgender community and all people in our neighborhoods and beyond through access to the highest quality health care, education, research and advocacy.”* <http://fenwayhealth.org/>
- University of California San Francisco Center of Excellence for Transgender Health
<http://www.transhealth.ucsf.edu/>

National resources (education)

- Point Foundation: The National LGBTQ Scholarship Fund
<https://www.pointfoundation.org/>

Resources related to legal protections, human rights, and constitutional rights in the U.S.

- ACLU = American Civil Liberties Union <https://www.aclu.org/>
- National Center for Transgender Equality <http://www.transequality.org/>
- Transgender Law Center “Making authentic lives possible”
<https://transgenderlawcenter.org/>
- National Center for Lesbian Rights <http://www.nclrights.org/>
- Human Rights Campaign <http://www.hrc.org/>
- Human Rights Watch <https://www.hrw.org/>
- U.S. Department of Education Office for Civil Rights:
<https://www2.ed.gov/about/offices/list/ocr/index.html>
- TGI Justice Project (transgender rights) <http://www.tgijp.org/>
- Lambda Legal “... a national organization committed to achieving full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people and those with HIV....” <http://www.lambdalegal.org/>