

ABOUT US

Refugees are forced to leave their homes, their friends and their livelihoods. The emotional and physical hardships place great stress on families. They struggle to keep their families intact as they resettle to camps and foreign countries.

USCRI and its affiliates serve refugees through the Family Strengthening Program, which builds strong communication and problem solving skills.

USCRI adapted an internationally recognized Relationship Enhancement® model to meet the cultural and linguistic needs of the diverse refugee and immigrant populations. Workshops teach 10 skills that mark good relationships in marriage and family, at work, and in the community.

Additional services strengthen communities through mentoring programs, community events, and trainings for community leaders. Local programs support families as they transition from traumatic experiences to life in the United States.

“When I went this morning, I felt terrible, and I was very angry —you know I have been desperate for a long time over our situation. In the training I felt relieved, and hopeful and good about myself, even happy. We learned many things...”

— Cuban husband in North Carolina

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To:

REFUGEE FAMILY STRENGTHENING PROGRAM

USCRI NC supports refugee families through workshops that build strong communication, financial literacy, and problem-solving skills. This program celebrates families' traditional ways of maintaining family harmony, while providing new skills to help them adjust to life in the United States.

Funding for this project was provided by the United States Department of Health and Human Services, Administration for Children and Families, Grant: # 90FM0092-01-00” “These services are available to all eligible persons, regardless of race, gender, age, disability, or religion.”





ACTIVITIES TO STRENGTHEN COMMUNITIES

Local Mentoring Programs

Refugee individuals and couples who have completed skill workshops can mentor others who are new to the program or are younger, newly married, or recently arrived to the United States. Mentors can serve as coaches in workshops and help guide others towards self-sufficiency and successful integration.



Local Community Events

Families may celebrate and observe American or ethnic holidays. Outings may help orient refugees to their new community and American culture.

“The Healthy Families program taught me to listen to my children and understand their point of view. They realized I love them and want them to be happy and safe. Now we are able to communicate better and solve our problems together.”

—Bosnian mother in Pennsylvania

“I wish someone had been there to mentor me when I was having a rough time with my wife. I would not be now separated from my family. I believe that the mentoring initiative is the best thing that ever happened for couples.”

—Burundian man in Vermont

LOCAL PROGRAMS

8 HOUR WORKSHOPS TO STRENGTHEN FAMILIES

Intro to Relationship Enhancement*

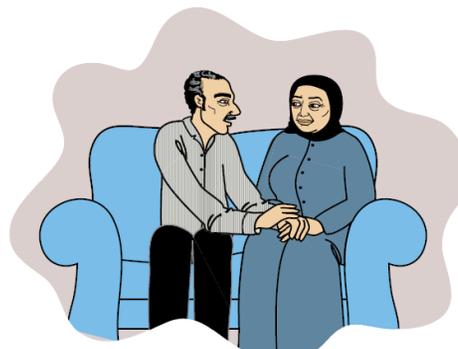
Participants discuss how their family and life has changed in America. They learn to show understanding through empathy and validation, and skills in expression, discussion, and problem solving.

Family Stress & Conflict Management

Participants discuss the stress of resettlement on family relationships. They learn five additional skills: self-change, helping others change, conflict management, coaching, and skill maintenance.

Relationship Enhancement* & Financial Literacy

Participants apply their communication skills to financial matters. They learn life skills in savings, credit cards, consumer threats, budgeting, and changing habits.



Contact Us

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